

Trefoil Guest House - Breakfast Menu

*Breakfast needs to be pre-ordered the day before using the **Breakfast Order Form** in your room. You may choose **one option** from the Breakfast Menu where it says **Select**. Please leave your breakfast order with **all your option choices**, in the tray in the hallway by 7pm. Alternatively, you can text your breakfast requests to 07789 785 113.*

BREAKFAST TIMES: 7.45am, 8am, 8.15am, 8.30am, 8.45am.

BREAKFAST ACCOMPANIMENTS

DRINKS:

Select HOT: Tea, Coffee, Decaf-tea, Decaf-coffee, Green Tea.

Select COLD: Orange juice, Apple Juice.

Select TOAST: Wholemeal, Seeded, White.

Select 1 OPTION Either:

CEREAL: Cornflakes, Crunchy Nut Cornflakes, Fruit & Fibre, Alpen, Porridge, Granola.

OR

FRESH FRUIT: Fruit Salad **OR** Fruit Salad with Yoghurt.

MAIN BREAKFAST SELECTION

Select 1 OPTION Either:

FULL ENGLISH BREAKFAST, OR options below for a personalised selection:

Bacon, Fried Egg, Fried Bread, Tomato, Mushrooms, Beans, Sausage/Vegetarian Sausage.

OR EGG OPTIONS

Eggs Benedict, Eggs Royale, Scrambled eggs on toast, Fried eggs on toast,

Poached eggs on toast, Scrambled eggs with smoked salmon on toast.

OR SWEETER OPTIONS:

Pancakes with homemade fruit compote, yoghurt **OR** maple syrup.

Pancakes with bacon & maple syrup **OR** maple syrup.

OR VEGETARIAN OPTIONS:

Poached eggs with roasted tomato, onion & basil salsa on a muffin.

Pan fried chestnut mushrooms on a muffin, dressed with parmesan cheese.

Beans on toast.

*We are very flexible with your selections,
but please let us know in advance if you have any specific dietary requirements/food allergies/intolerances.*